



**ST MARK'S
COLLEGE**

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BENEDICT CAMPUS
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www.smc.catholic.edu.au



Our Semester 2 SRC's were commissioned at the Leadership Liturgy

A Rose and a Thorn

In my Year 11 Religious Education class, I sometimes begin a lesson asking students to share a rose and a thorn. This means identifying a positive that is supporting their wellbeing or giving them joy, and a challenge or concern that is impacting their lives in some way. Whilst this met with some surprise initially, it has proved a good way to build relationships and develop empathy.

Roses are sometimes related to life outside of school, including engagement in extra curricular activities such as sport, Youth Theatre, or part time jobs, and sometimes school related such as being appropriately challenged and feeling successful in aspects of learning. Thorns similarly might relate to personal issues or school related concerns; sometimes they overlap such as feeling tired and not managing workload due to simultaneous work deadlines and out of school commitments.

As a Principal, I have found this means of reflecting on each day very helpful to maintain perspective, as there are often challenges when managing and leading such a large and diverse College. It is important to balance these challenges or thorns with the many roses that bring joy each day, such as recognising our wonderful new Semester 2 leaders at Benedict this week in a liturgy or seeing and hearing senior students participate in subject counselling, planning for bright futures.

As I said to students in our Leadership Liturgy this week, leadership is a funny thing! It is about acting for the greater good. Leaders are not necessarily the loudest or strongest, or good at everything. Who is! But they work hard, listen carefully and care about making life better, even in small ways. Most of the best leaders I know are quiet and humble and what we have seen in our student leaders is that they have been nominated because they are respected and trusted by their peers. Our Leadership Liturgy reflected on the importance of letting our lights shine. Earlier in the year, I shared the story of Benjamin Franklin leading by example to light up Philadelphia. This time, I shared the story of Florence Nightingale, the lady with the lamp. Over 150 years ago, Florence Nightingale led with courage and dignity to brighten the lives of wounded soldiers in the Crimean war, and campaigned for better conditions, medicines, and trained professionals to care for the injured and sick. She was the founder of the modern nursing profession and hospital system, bringing innovation and change for the greater good. I'm sure she met with resistance, but her legacy is evident today. We all have a light that we can shine, bringing joy to people around us. Florence Nightingale said, 'we should never lose an opportunity of a practical beginning, however small, for it is wonderful how often a mustard seed germinates and roots itself'.

I think letting our light shine and planting mustard seeds is mixing metaphors, but leadership titles or not, we all have the capacity to make a difference in some small way, every day. I invite you to reflect on the roses and thorns of your day.

Dr Sandra Hewson, Principal

Faith and Mission



Thomas, James, Isabel and Issy after the Feast Day Mass

The Assumption of Mary

The Feast of the Assumption Of Mary (Mother Of Jesus) was last Monday 15 August. A whole school Mass was held in the St Mark's Sports Centre and it was wonderful that some parents and grandparents were able to attend.

The Assumption was when Mary, the Mother of God, was assumed body and soul into heavenly glory. Since the 5th Century, there has been an active tradition and belief that Mary was physically 'taken up' into heaven at the end of her life. This was defined as being an infallible teaching of the Church, by Pope Pius XII, in 1950.

Mary possessed virtues and characteristics so holy and pure that such a livelihood would appear out of reach for most human beings. However, she still none-the-less is the perfect model for any human who is searching to 'be' something more or improve themselves as a person.

A website, 'Good Catholic,' provides a contemporary view on many topics related to the Catholic Church and all its' works. One recent article was titled, ['Imitate the 10 Amazing Virtues of the Blessed Mother'](#). It talked about the call

(to us all) to pattern our lives after Jesus and reminds us that no one imitated Jesus better than his own Mother. The article then gave a detailed account of the 10 principal virtues that Mary possessed. They can be summarised as; humility, faith, obedience, continual prayer, universal mortification, purity, charity, patience, sweetness and divine wisdom.

The article went on to provide some clear examples of how we can all live out each of these virtues in our own lives and although it may appear overwhelming at first, we're reminded that the key to lasting growth is to start small. Perhaps even target the virtues that we believe are our individual areas for improvement and focus on them one at a time.

Curious Catholics

What is the Magnificat?

The Magnificat is Mary's hymn of praise to the Lord. It is taken from Luke's Gospel (1:46-55). Its' name comes from the first line of its' text in Latin ("Magnificat anima mea Dominum") translated in the first line below.

My soul magnifies the Lord
And my spirit rejoices in God my Saviour;



Sherwin and Shoalin were alter servers at the Feast Day Mass

Throughout the prayer, we can admire Mary's devotion to the Lord and we also get a true sense of the strength, courage and faith that she possessed. There are ten stories of Mary in the New Testament that provide further evidence to her pure and powerful characteristics. Those stories were; the Annunciation, Visitation, Nativity, Presentation, flight into Egypt, losing Jesus in the Temple, going to bring Jesus home from his public ministry, the wedding feast at Cana, being at the foot of the Cross, and Pentecost.

Archbishop Fulton J. Sheen once referred to Mary as being like "a magnifying glass that intensifies our love of her Son." Mary, too, magnified and reflected the Lord's goodness and love through this prayer.

Mr Shane Arbon,
Acting Catholic Identity Leader

THE WITNESS:

Click [here for the latest edition](#).

SOUTHERN CROSS:

Click [here for the latest edition](#).

Key Dates and Campus Information



Our College Calendar is continuously being updated on our website: www.stmarkspirie.catholic.edu.au/news/calendar.

Click to find the most accurate event information.

Week 5: 22/8 - 26/8				Week 6: 29/8 - 2/9	
Mon	Benedict Book Week Parade Good Samaritan Hall, 8.50am			Mon	2023 Year 8, 9 and 10 Subject Selections Open Online, 5.30pm
Tues	Board Meeting Bosco Conference, 7.00pm			Tues	Combined Choir Practice and Performance Year 11 Retreat Salesian House Meeting Salesian House, 7.30pm
Wed	T3 Receptions Rest Day 4 Open Night Benedict, Bosco, McNally Farm and Trade Skills, 4.00 - 7.00pm			Wed	Year 11 Hike
Thur	Year 9 Retreat	Ag Open Days	Benedict Book Week and Bosco English Week	Thur	4R Excursion
Fri	Little Lions Session 4 Interschool Summer Carnival, Year 5 and 6			Fri	Little Lions Session 5 4B Excursion 2023 Year 8, 9 and 10 Subject Selections Close Online, 5.30pm

Benedict Campus:

Open Night

Benedict Campus is busily preparing for the College Open Night next Wednesday 24 August. The Year 6 Captains have shown great leadership in preparing a "Yellow Brick Road" style Campus hunt. They are also preparing to host a Café in the Good Samaritan Hall. We hope to see lots of family and friends attending to spend some time on Campus with visits being so limited in the past 2 years.

Student Leaders Inducted

Tuesday afternoon we celebrated an SRC Liturgy to induct the Semester 2 Student Representatives. They committed to upholding and developing the core values of our College to support Benedict Campus in being a place of welcome, inclusion and growth for all. Leadership is about the art of motivating, influencing, and directing people so that they work together to achieve the goals of a team or school. It's important for students to experience leadership opportunities during their schooling, to learn the art of building relationships within teams, defining identities, and achieving tasks effectively. It also provides an opportunity to learn to identify and display effective communication and interpersonal skills. We look forward to having these students work with their peers to develop the leadership capacity of all in the Benedict community.

School Counsellors

Centrecare have two new counsellors supporting students at Benedict Campus. We welcome Carroll Wang and Victoria Campbell who are available for student support. They have begun getting to know the site and students. We look forward to working with them to promote student's wellbeing.

Book Week

Book Week will be celebrated at Benedict Campus next week. The theme for 2022 is "Dreaming with Eyes Open". We look forward to welcoming families to the parade of characters on Monday morning at 8.50am in the Good Samaritan Hall and basketball court.

Mrs Katie Pole, Acting Deputy Principal, Benedict Campus

Key Dates and Campus Information



Bosco Campus:

Vaping Information Session

On Monday 22 August, 7pm the Puyu Blasters, hosted by the Aboriginal Health Council of South Australia, are providing an information session to parents about the seriousness and dangers of vaping. Please refer to the Operoo for more details.

Subject Selections

Our Director of Curriculum, Miss Ann Russack, has provided our current Year 10 and 11 students with great support as they begin choosing their preferences for subjects to be investigated in 2023. Miss Russack provided a SACE information evening for parents as well as sessions for students to gain an insight into where they would like to see new subjects introduced into our school. With a team of keen subject counsellors, students have been able to have a conversation with a staff member to identify which direction they would like to take. I thank Miss Russack and all the subject counsellors for their time and ability to connect with our students as we help to guide them on their final schooling learning path. Just a reminder that subject selections for 2023 Year 11 and 12 closes 5.30pm today.

The Year 7, 8 and 9 students will have the opportunity to choose their electives later in the term. Keep an eye out for an Operoo about this.

Stress

With the forward planning of next year on students minds we understand that change is something that needs to be addressed. Change can trigger stress. Stress is normal, it is a response to external challenges that can be positive. Too much stress can be overwhelming and make it hard to enjoy life. One thing students need to know is that stress will pass, they need to be able to steer their way through the uneasy parts. It is important that students understand and know:

- Not everyone will agree with you. That's OK.
- Not everyone will like you. That's OK.
- Not everyone sees the world like you. That's OK.
- Not everything will go the way you want. That's OK.

As we walk alongside you as parents in your child's journey, we aim to provide them with ways to help navigate these changes in order to become thriving people, capable learners, leaders for the world God desires.

Mrs Sarah Freer, Acting Deputy Principal, Bosco Campus

College:

Living, Learning, Leading Survey

A friendly reminder to parents to complete the Living, Learning Leading Survey (3-5 minutes) as circulated via Operoo. Your responses contribute greatly to the new initiatives and development of our College.

To complete the survey, visit: www.NSIPartnerships.com.au and enter the relevant code:

- If your child attends Benedict Campus - SMCLLLP
- If your child attends Bosco Campus - SMBLLLP

View Operoo for the full details.



ST MARK'S COLLEGE OPEN NIGHT

For new and current families!

Wednesday 24 August,
4.00 - 7.00pm

Benedict Campus open 4.00 - 7.00pm

Tours available at: 4.00pm, 4.30pm, 5.00pm, 5.30pm, 6.00pm and 6.30pm

Bosco Campus open 4.00 - 7.00pm

Tours available at: 4.00pm, 4.30pm, 5.00pm, 5.30pm, 6.00pm and 6.30pm

McNally Farm and Trade Skills Centre open 4.00 - 5.30pm

Tours available at: 4.00pm, 4.30pm and 5.00pm

Shuttle buses will be available to transport guests between both campuses and McNally Farm / Trade Skills Centre.

A sausage sizzle and other food options will be available for purchase at both the campuses.

BENEDICT CAMPUS ACTIVITIES:

- Take a tour of the campus (times detailed above)
- See displays of student work in classrooms
- Hear our Choir perform
- Enjoy a hot beverage and cake or a sausage (in bread) for sale at our GSH Cafe
- Follow the yellow brick road
- Find out more about our new OSHC service
- Pasta making in the Italian Room
- Enjoy a tasty treat at the Year 6 'Cafe'
- Enter our Year 3s squiggle competition
- View our Library display
- Learn to use a robot in Design and Tech
- Test your skills in our PE Obstacle Course
- See our Little Lions Room
- Find out about guided reading, literacy and fine motor skills for Receptions
- Take a shot in our Mini Tennis 'Hot Shots'
- Enjoy the creativity in our 'Everyone is an artist' exhibition
- Discover science learning about the Great Barrier Reef
- Challenge yourself with Minute to Win it and puzzles
- Take a moment in our Benedict Chapel

BOSCO CAMPUS ACTIVITIES:

- Take a tour of the campus (times detailed above)
- See displays of student work in English, HASS, RE with word walls, galleries, film studies, Minecraft castles, short stories, models and biomes
- Experiment with us in our Science Lab's and STEM Rooms
- Enjoy a piece of ook-ook or sausage in bread for sale near our Bosco Canteen
- Visit the Library on our Campus Tour
- Enjoy musical performances between 4.00 - 5.00pm
- See our showcase of Year 12 Research Projects
- Pasta making in the Home Ec Kitchen
- See our students at work in the Tech Centre
- Come and try a musical instrument
- Reminisce our College Musical with a display of costumes from Joseph and the Amazing Technicolor Dream Coat
- Browse our display of student work created with textiles
- Enjoy the creativity in our Visual Arts exhibition
- Cheer on our St Mark's Celtics netball teams in action
- Take a moment in our Bosco Chapel

MCNALLY FARM AND TRADE SKILLS CENTRE ACTIVITIES:

- Take a tour of McNally Farm and our Trade Skills Centre
- Introduction to Vocational Education and Training (VET)
- Experience our agricultural farm and meet our animals

Benedict Campus



Welcome to our Little Lions



Nyah



Alfie



Hugo



Jaymes



Vienna



Parker



Larni



Bruno



Jax



Ivy



Ellie



Annabelle



Marcus



Imogen



Scarlett



Tarkin



Lily



Zeke



Huey



Charlie



Emilia



Arliyah



Archer



Dulcie



Lucas



Harry



Lucy



Lily



Nellie



Indi



Lana



Ella



Lola



Annabelle



Isla



Michael

Odin

Congratulations to our award winners

	Star Salesian	Star Samaritan
6R	Sloan	Lilly
6B	Liam	Leo
5R	Jaylea	Eva
5B	Caleb	Nicholas
4R	Madeline	Amelia
4B	Ruby	Xzavier
3R	Darby	Fletcher
3B	Max	Shaydon
3G	Flynn	Adele
2R	Spencer	Lahnee
2B	Nash	Annabelle
1R	Koby	Elsy
1B	Cheston	Amahli
RR	Henry	Scarlett
RB	Will	Emme
RGr	Maddie	Tilly
RGo	Kaison	Beanca

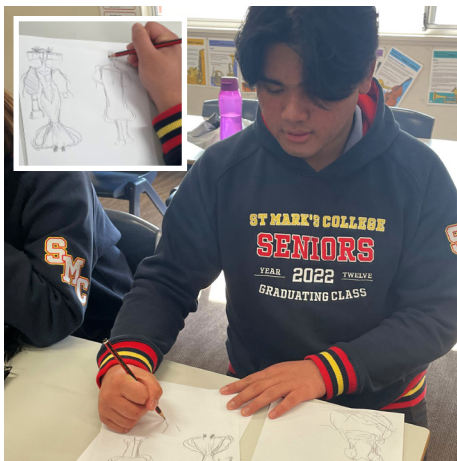
Bosco Campus



KNOCK OUT > An outstanding effort by our Year 9 and 10 boys in getting to the Statewide Division 2 Grand Final. Unfortunately the team lost to Grant High School on the day.



YEAR 12 > Lynn (Uni Hub) and Lisa (Local Jobs Program Mid North SA) spoke to our Year 12 students about local study and employment options for after school



CREATIVE ARTS > Year 12 student Ian creating a range of fashion designs in Visual Arts



HASS > Year 9 students have been exploring the various biomes found within our world. Working in groups, students gathered resources to create dioramas that showed what these environments typically look like. Accompanying their diorama, students also made posters that contained information about the various characteristics of their biome, including temperature, precipitation and food webs.



FR DENNIS HANDLEY CUP > Congratulations to our students who took out the win in the Fr Dennis Handley Cup competition



3 Blue have been learning about how the earth's movement in the solar system affects everyday occurrences like day, night, shadows and the seasons. Pictured are Will, Emersyn, Julian, Max, Lily, Maggie, Martha and Brodie

College Notices

YMCA South Australia

OSHC

Before School Care Weekdays 6.30am - 8.30am
After School Care Weekdays 3.20pm - 6.00pm
Vacation Care Weekdays 6.30am - 6.00pm
For details visit the [YMCA OSHC website](https://www.ymca.org.au/oshc).

CHILDCARE
SUBSIDY
APPROVED

2021 Yearbook Orders

Orders are now being taken for College Yearbooks for 2021 Little Lions and extra copies. R-12 Families at \$26 per copy.

PLEASE NOTE: All families will automatically receive one copy

GOOD LUCK

to all of our teams in the finals and cup rounds!

Sports Coordinators will communicate our presentation details soon.



Community Notices



CBNC 2023 Debutante Ball



Practices are yet to be decided but most likely Mondays in term 1 in Crystal Brook. For students in year 11 & 12 in 2023
Expression of interest to cbncsecretary@gmail.com

14th
April



Port Pirie Youth Theatre presents

CHARLIE AND THE CHOCOLATE FACTORY

15, 16 and 17 September
Northern Festival Centre

Weekly Specials

BENEDICT CAMPUS

	Recess:		Lunch:	
Week 5				
Mon	Puff Doggies	\$2.00	Squash Dog + Fruit Box	\$5.00 \$7.00
Tues	Ham and Cheese Triangles	\$2.00	Small Chicken Wrap + Fruit Box	\$3.00 \$5.00
Wed	OOK OOK	\$2.50	Beef Stroganoff with Rice + Fruit Box	\$5.00 \$7.00
Thurs	Pizza Muffin	\$2.00	Beef Black Bean with Fried Rice + Fruit Box	\$5.00 \$7.00
Fri	3 x Mini Sausage Rolls + Fruit Box	\$3.00 \$5.00	Schnitzel and Gravy Rolls + Fruit Box	\$5.00 \$7.00
Week 6				
Mon	Egg and Bacon Pastry Roll	\$2.00	Chicken Burger with Bacon and Cheese + Fruit Box	\$6.00 \$8.00
Tues	3 x Pizza Scrolls	\$2.00	Lamb or Chicken Yiros + Fruit Box	\$6.00 \$8.00
Wed	OOK OOK	\$2.50	Pizza + Fruit Box	\$5.00 \$7.00
Thurs	Rat Bait	\$2.00	Steak and Onion Sandwich + Fruit Box	\$6.00 \$8.00
Fri	3 x Mini Sausage Rolls + Fruit Box	\$3.00 \$5.00	Spaghetti Bolognese + Fruit Box	\$5.00 \$7.00

BOSCO CAMPUS

	Recess:		Lunch:	
Week 5				
Mon	Puff Doggies	\$2.00	Squash Dog + 375ml Zero Can	\$5.00 \$7.00
Tues	Ham and Cheese Triangles	\$2.00	Chicken Wrap + 375ml Zero Can	\$6.00 \$8.00
Wed	OOK OOK	\$2.50	Beef Stroganoff with Rice + 375ml Zero Can	\$6.00 \$8.00
Thurs	Pizza Muffin	\$2.00	Beef Black Bean with Fried Rice + 375ml Zero Can	\$6.00 \$8.00
Fri	3 x Mini Sausage Rolls + 375ml Zero Can	\$3.00 \$5.00	Schnitzel and Gravy Rolls + 375ml Zero Can	\$5.00 \$7.00
Week 6				
Mon	Egg and Bacon Pastry Roll	\$2.00	Chicken Burger with Bacon and Cheese + 375ml Zero Can	\$6.00 \$8.00
Tues	3 x Pizza Scrolls	\$2.00	Lamb or Chicken Yiros + 375ml Zero Can	\$6.00 \$8.00
Wed	OOK OOK	\$2.50	Pizza + 375ml Zero Can	\$5.00 \$7.00
Thurs	Rat Bait	\$2.00	Steak and Onion Sandwich + 375ml Zero Can	\$6.00 \$8.00
Fri	3 x Mini Sausage Rolls + 375ml Zero Can	\$3.00 \$5.00	Spaghetti Bolognese + 375ml Zero Can	\$6.00 \$8.00

Online Canteen Orders: www.flexischools.com.au

Flexischools: 1300 361 769

Metro Canteens: 0447 978 752

